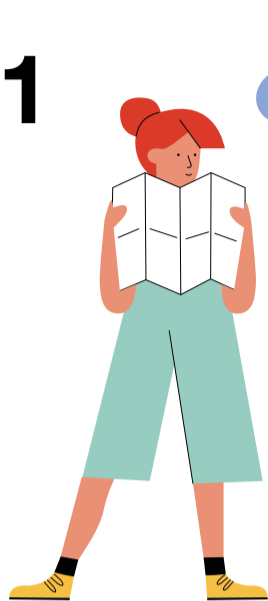


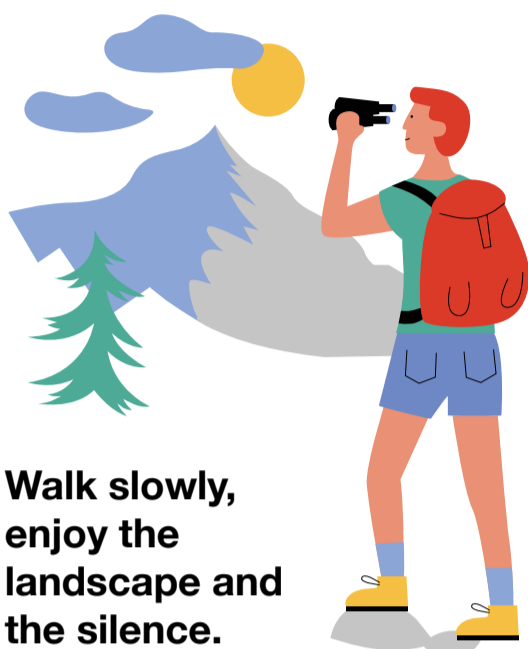
# 10 TIPS TO LIVE THE BEST OUTDOOR EXPERIENCE

1



Plan your excursion according to your skills and the weather.

2



Walk slowly, enjoy the landscape and the silence.

3



Inform somebody about your itinerary, return time and possible changes.

4

Rely on professionals.



5



Help those in need. Call 112 only in case of real necessity.

6



Make sure you have suitable clothes and equipment + some water and snacks.

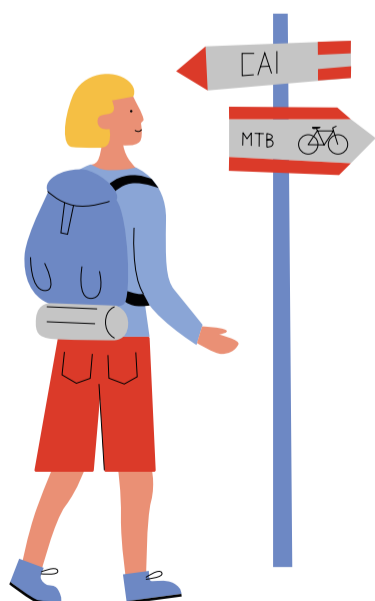
7



Respect the environment around you and its inhabitants. Bring back your rubbish.

8

Follow the marked trails avoiding those in the bikepark.



9

To protect the wonders of nature, leave everything in its place.



10

Bring your pet along, but keep it on a leash.



**MOST HIKERS ALREADY FOLLOW THESE TIPS!**